

# Western Australian Curriculum Outcomes

## LEVEL 3-4

| SYLLABUS YEAR 3               | ELEMENTS                              | DISCIPLINE/CAPABILITY                                  | CONTENT DESCRIPTION  | RESPONSIBILITY                            |    | INTEGRITY |    |        |    | STRENGTH |    |        |    | EMPATHY |    |        |    | BONUS LESSON |    |    |   |
|-------------------------------|---------------------------------------|--|--|---|----|-----------|----|--------|----|----------|----|--------|----|---------|----|--------|----|--------------|----|----|---|
|                               |                                       |  |  | LESSON                                    |    |           |    | LESSON |    |          |    | LESSON |    |         |    | LESSON |    |              |    |    |   |
|                               |                                       |  |  | 01  | 02 | 03        | 04 | 05     | 06 | 07       | 08 | 09     | 10 | 11      | 12 | 13     | 14 |              | 15 | 16 |   |
| Health and Physical Education | Personal, social and community health | Being healthy, safe and active                         | Factors that strengthen personal identities, such as the influence of family, friends, school  | ★   | ★  | ★         |    | ★      |    |          |    |        | ★  | ★       | ★  | ★      | ★  | ★            |    |    |   |
|                               |                                       |  | Physical, social and emotional changes that occur as individuals grow older, such as changes to the body, friendships, feelings                                      |   |    |           |    |        |    |          |    |        | ★  |         | ★  |        |    |              |    | ★  |   |
|                               |                                       |  | Assertive behaviours and communication skills to respond to unsafe situations, such as keeping calm, using appropriate non-verbal communication skills, seeking help |   |    |           |    |        | ★  | ★        |    |        | ★  | ★       | ★  | ★      |    |              |    | ★  | ★ |
|                               |                                       | Communicating and interacting for health and wellbeing | Actions in daily routines that promote health, safety and wellbeing  | ★   | ★  | ★         | ★  | ★      | ★  | ★        | ★  | ★      | ★  | ★       | ★  | ★      | ★  | ★            | ★  | ★  | ★ |
|                               |                                       |  | Behaviours that show empathy and respect for others  |   |    |           |    | ★      |    |          |    |        |    | ★       | ★  | ★      | ★  | ★            | ★  | ★  | ★ |
|                               |                                       |  | Circumstances that can influence the level of emotional response to situations   |   |    |           |    |        |    |          |    |        |    | ★       | ★  | ★      | ★  |              |    |    |   |
|                               |                                       |  | Contributing to healthy and active communities   | Ways to be active in natural environments |    |           |    |        |    |          |    |        | ★  | ★       |    |        | ★  | ★            | ★  | ★  | ★ |
| Digital Technologies          | Digital Implementation                | Create and communicate ideas and information safely    | ★  | ★   | ★  | ★         | ★  | ★      | ★  | ★        | ★  |        | ★  |         |    |        | ★  |              | ★  |    |   |

| SYLLABUS YEAR 4                                | ELEMENTS  | DISCIPLINE/CAPABILITY  | CONTENT DESCRIPTION  | RESPONSIBILITY |    | INTEGRITY |    |        |    | STRENGTH |    |        |    | EMPATHY |    |        |    | BONUS LESSON |    |    |   |
|--|---|--|--|----------------|----|-----------|----|--------|----|----------|----|--------|----|---------|----|--------|----|--------------|----|----|---|
|  |   |  |  | LESSON         |    |           |    | LESSON |    |          |    | LESSON |    |         |    | LESSON |    |              |    |    |   |
|  |   |  |  | 01             | 02 | 03        | 04 | 05     | 06 | 07       | 08 | 09     | 10 | 11      | 12 | 13     | 14 |              | 15 | 16 |   |
| Health and Physical Education                  | Personal, social and community health   | Being healthy, safe and active   | Use of persistence and resilience as tools to respond positively to challenges and failure, such as using self-talk, seeking help, thinking optimistically                         |                |    |           |    | ★      |    |          |    |        | ★  | ★       | ★  | ★      | ★  | ★            | ★  |    |   |
|  |   |  | Strategies that help individuals to manage the impact of physical, social and emotional changes, such as positive self-talk, assertiveness, seeking help, sharing responsibilities |                |    |           |    |        |    |          |    |        | ★  |         | ★  |        |    |              | ★  | ★  |   |
|  |   |  | Personal behaviours and strategies to remain safe in uncomfortable or unsafe situations  |                |    |           |    |        | ★  | ★        |    |        | ★  | ★       | ★  | ★      |    |              |    | ★  | ★ |
|  |   |  | Strategies to ensure safety and wellbeing at home and at school  | ★              | ★  | ★         | ★  | ★      | ★  | ★        | ★  | ★      | ★  | ★       | ★  | ★      | ★  | ★            | ★  | ★  | ★ |
|  |   | Communicating and interacting for health and wellbeing                                   | The positive influences of respect, empathy and the valuing of differences in relationships  |                |    |           | ★  |        |    |          |    |        | ★  | ★       | ★  | ★      | ★  | ★            | ★  | ★  |   |
|  |   |  | Strategies to identify and manage emotions before reacting   |                |    |           |    |        |    |          |    |        | ★  | ★       | ★  | ★      |    |              |    |    | ★ |
|  |   |  | Strategies to cope with adverse situations and the demands of others   |                |    |           |    | ★      | ★  | ★        |    |        | ★  | ★       | ★  | ★      | ★  | ★            | ★  | ★  | ★ |
| Contributing to healthy and active communities | Ways in which regular physical activity in natural and built environments promotes health |  |  |                |    |           |    |        |    | ★        | ★  |        |    |         |    |        |    | ★            |    |    |   |
| Digital Technologies                           | Digital Implementation  | Create and communicate ideas and information safely, using agreed protocols (netiquette) | ★  | ★              | ★  | ★         | ★  | ★      | ★  | ★        | ★  |        | ★  |         |    |        | ★  |              | ★  |    |   |

| GENERAL CAPABILITIES                           | ELEMENTS  | DISCIPLINE/CAPABILITY  | CONTENT DESCRIPTION   | RESPONSIBILITY |    | INTEGRITY |    |        |    | STRENGTH |    |        |    | EMPATHY |    |        |    | BONUS LESSON |    |    |
|--|---|--|---|----------------|----|-----------|----|--------|----|----------|----|--------|----|---------|----|--------|----|--------------|----|----|
|  |   |  |   | LESSON         |    |           |    | LESSON |    |          |    | LESSON |    |         |    | LESSON |    |              |    |    |
|  |   |  |   | 01             | 02 | 03        | 04 | 05     | 06 | 07       | 08 | 09     | 10 | 11      | 12 | 13     | 14 |              | 15 | 16 |
| Critical and Creative Thinking                 | Inquiring - identifying, exploring and organising information and ideas | Pose questions   | Pose questions to expand their knowledge about the world  |                |    |           |    | ★      | ★  | ★        | ★  |        |    |         | ★  | ★      |    |              |    |    |
|  |   | Identify and clarify information and ideas   | Identify main ideas and select and clarify information from a range of sources  |                |    |           |    | ★      |    | ★        |    |        |    |         |    |        |    |              |    | ★  |
|  |   | Organise and process information   | Collect, compare and categorise facts and opinions found in a widening range of sources   |                |    |           |    |        |    | ★        |    |        |    |         |    |        |    |              |    |    |
|  | Generating ideas, possibilities and actions                             | Imagine possibilities and connect ideas  | Expand on known ideas to create new and imaginative combinations  | ★              | ★  | ★         | ★  | ★      | ★  | ★        | ★  | ★      | ★  | ★       | ★  | ★      | ★  | ★            | ★  | ★  |
|  |   | Consider alternatives  | Explore situations using creative thinking strategies to propose a range of alternatives  | ★              |    |           | ★  | ★      | ★  | ★        | ★  | ★      | ★  | ★       | ★  | ★      | ★  | ★            | ★  | ★  |
|  |   | Seek solutions and put ideas into action   | Experiment with a range of options when seeking solutions and putting ideas into action   |                |    |           | ★  | ★      |    |          | ★  | ★      |    | ★       |    |        |    |              | ★  | ★  |
|  | Reflecting on thinking and processes                                    | Thinking about thinking (Metacognition)  | Reflect on, explain and check the processes used to come to conclusions   | ★              |    | ★         |    | ★      | ★  | ★        | ★  |        | ★  |         |    |        |    |              |    | ★  |
|  |   | Reflect on processes   | Identify pertinent information in an investigation and separate into smaller parts or ideas   | ★              | ★  | ★         |    |        | ★  | ★        | ★  |        |    |         |    |        |    |              |    | ★  |
|  |   | Transfer knowledge into new contexts   | Transfer and apply information in one setting to enrich another   |                |    |           | ★  |        | ★  | ★        | ★  | ★      | ★  | ★       | ★  |        |    | ★            | ★  | ★  |
|  | Analysing, synthesising and evaluating reasoning and procedures         | Apply logic and reasoning  | Identify and apply appropriate reasoning and thinking strategies for particular outcomes  | ★              |    | ★         |    | ★      | ★  | ★        | ★  |        | ★  | ★       | ★  |        |    |              | ★  | ★  |
| Draw conclusions and design a course of action |   | Draw on prior knowledge and use evidence when choosing a course of action or drawing a conclusion                    | ★   | ★              | ★  |           | ★  | ★      | ★  | ★        |    | ★      | ★  | ★       |    |        |    | ★            | ★  |    |
| Evaluate procedures and outcomes               |   | Explain and justify ideas and outcomes   | ★   | ★              | ★  |           | ★  | ★      | ★  | ★        |    | ★      | ★  | ★       |    |        | ★  |              |    |    |
| Ethical Understanding                          | Understanding ethical concepts and issues                               | Recognise ethical concepts   | Identify ethical concepts, such as equality, respect and connectedness, and describe some of their attributes   |                |    |           |    | ★      |    |          |    |        | ★  |         |    |        | ★  | ★            |    |    |
|  |   | Explore ethical concepts in context  | Discuss actions taken in a range of contexts that include an ethical dimension  | ★              |    | ★         |    | ★      | ★  | ★        |    |        | ★  |         |    |        | ★  | ★            | ★  |    |
|  | Reasoning in decision making and actions                                | Reason and make ethical decisions  | Explain reasons for acting in certain ways, including the conflict between self-respect and self-interest in reaching decisions   | ★              |    |           |    | ★      |    | ★        |    |        | ★  |         |    |        |    | ★            | ★  |    |
|  |   | Consider consequences  | Examine the links between emotions, dispositions and intended and unintended consequences of their actions on others  |                |    |           |    | ★      |    |          |    |        | ★  | ★       |    |        | ★  | ★            | ★  |    |
|  |   | Reflect on ethical action  | Consider whether having a conscience leads to ways of acting ethically in different scenarios   |                |    |           |    | ★      |    |          |    |        | ★  |         |    |        |    |              | ★  |    |
| Exploring values, rights and responsibilities  | Examine values  | Identify and describe shared values in familiar and unfamiliar contexts  |   |                |    |           | ★  |        |    |          |    | ★      |    |         |    | ★      | ★  |              |    |    |
|  | Explore rights and responsibilities                                     | Investigate children's rights and responsibilities at school and in the local community                              | ★   | ★              | ★  |           | ★  | ★      | ★  |          |    | ★      |    |         |    | ★      | ★  | ★            |    |    |
|  | Consider points of view   | Describe different points of view associated with an ethical dilemma and give possible reasons for these differences |   |                |    |           | ★  |        | ★  |          |    | ★      |    |         |    |        |    | ★            |    |    |
| Personal and Social                            | Self awareness  | Recognise emotions   | Describe the influence that people, situations and events have on their emotions  |                |    |           |    |        |    |          |    | ★      | ★  |         |    | ★      | ★  |              |    |    |
|  |   | Recognise personal qualities and achievements  | Describe personal strengths and challenges and identify skills they wish to develop   |                |    |           |    |        |    |          | ★  | ★      |    |         |    | ★      | ★  | ★            | ★  |    |
|  | Self management   | Express emotions appropriately   | Identify and describe strategies to manage and moderate emotions in increasingly complex situations.  |                |    |           |    |        |    |          |    |        | ★  |         | ★  | ★      |    |              | ★  |    |
|  |   | Develop self-discipline and set goals  | Explain the value of self-discipline and goal-setting in helping them to learn  |                |    |           |    |        |    |          |    |        | ★  |         |    |        |    |              | ★  |    |
|  |   | Become confident, resilient and adaptable  | Persist with tasks when faced with challenges and adapt their approach where first attempts are not successful  |                |    |           |    |        |    |          |    |        | ★  |         |    |        |    |              | ★  |    |
|  | Social awareness  | Appreciate diverse perspectives  | Discuss the value of diverse perspectives and describe a point of view that is different from their own   |                |    |           |    | ★      |    |          |    |        | ★  |         |    | ★      | ★  | ★            |    |    |
|  |   | Contribute to civil society  | Identify the various communities to which they belong and what they can do to make a difference   | ★              |    |           |    |        |    |          |    |        |    |         |    | ★      | ★  | ★            |    |    |
|  |   | Understand relationships   | Describe factors that contribute to positive relationships, including with people at school and in their community  | ★              |    | ★         |    | ★      |    | ★        |    |        | ★  | ★       | ★  | ★      | ★  | ★            | ★  |    |
|  | Social management   | Communicate effectively  | Identify communication skills that enhance relationships for particular groups and purposes   | ★              |    |           |    |        |    |          |    |        |    | ★       | ★  | ★      | ★  | ★            | ★  |    |
|  |   | Work collaboratively   | Describe characteristics of cooperative behaviour and identify evidence of these in group activities  |                |    |           |    |        |    |          |    |        |    |         | ★  | ★      | ★  | ★            | ★  |    |
| Make decisions                                 |   | Contribute to and predict the consequences of group decisions in a range of situations                               |   |                |    |           | ★  |        | ★  |          |    |        | ★  |         |    |        |    | ★            |    |    |
| Negotiate and resolve conflict                 |   | Identify a range of conflict resolution strategies to negotiate positive outcomes to problems                        |   |                |    |           |    |        |    |          |    |        | ★  | ★       | ★  | ★      | ★  | ★            |    |    |
| Develop leadership skills                      |   | Discuss the concept of leadership and identify situations where it is appropriate to adopt this role                 |   |                |    |           |    |        |    |          |    |        |    |         | ★  | ★      | ★  | ★            |    |    |
| Intercultural Understanding                    | Interacting and empathising with others                                 | Communicate across cultures  | Recognise there are similarities and differences in the ways people communicate, both within and across cultural groups   |                |    |           |    |        |    |          |    |        | ★  |         |    |        | ★  |              |    |    |
|  |   | Empathise with Others  | Imagine and describe the feelings of others in a range of contexts  |                |    |           |    | ★      |    |          |    |        | ★  | ★       | ★  | ★      | ★  | ★            |    |    |
|  |   | Challenge stereotypes and prejudices   | Explain the dangers of making generalisations about individuals and groups  |                |    |           |    | ★      | ★  | ★        |    |        |    |         | ★  |        |    |              |    |    |
| Information and Communication Technology       | Applying social and ethical protocols and practices when using ICT      | Recognise intellectual property  | Acknowledge when they use digital products created by someone else, and start to indicate the source  |                |    |           |    |        |    |          |    |        |    |         |    |        |    |              | ★  |    |
|  |   | Apply digital information security practices   | Independently apply standard guidelines and techniques for particular digital systems to secure digital information   |                | ★  | ★         | ★  |        |    | ★        |    |        |    |         |    |        |    |              |    | ★  |
|  |   | Apply personal security protocols  | Apply standard guidelines and take action to avoid the common dangers to personal security when using ICT and apply appropriate basic social protocols when using ICT to communicate with unknown audiences | ★              | ★  | ★         | ★  | ★      | ★  | ★        | ★  |        |    | ★       |    |        |    |              | ★  | ★  |
|  |   | Identify the impacts of ICT in society   | Identify the value and role of ICT use at home and school   | ★              | ★  | ★         |    | ★      |    | ★        | ★  | ★      | ★  |         |    | ★      |    |              | ★  | ★  |
|  | Communicating with ICT  | Collaborate, share and exchange  | Use appropriate ICT tools safely to share and exchange information with appropriate known audiences   | ★              | ★  | ★         |    | ★      |    | ★        |    |        | ★  |         |    |        |    | ★            |    |    |
| Understand computer mediated communications    |   | Understand that computer mediated communications are directed to an audience for a purpose                           | ★   | ★              | ★  |           | ★  | ★      | ★  |          |    | ★      |    |         |    |        | ★  |              | ★  |    |