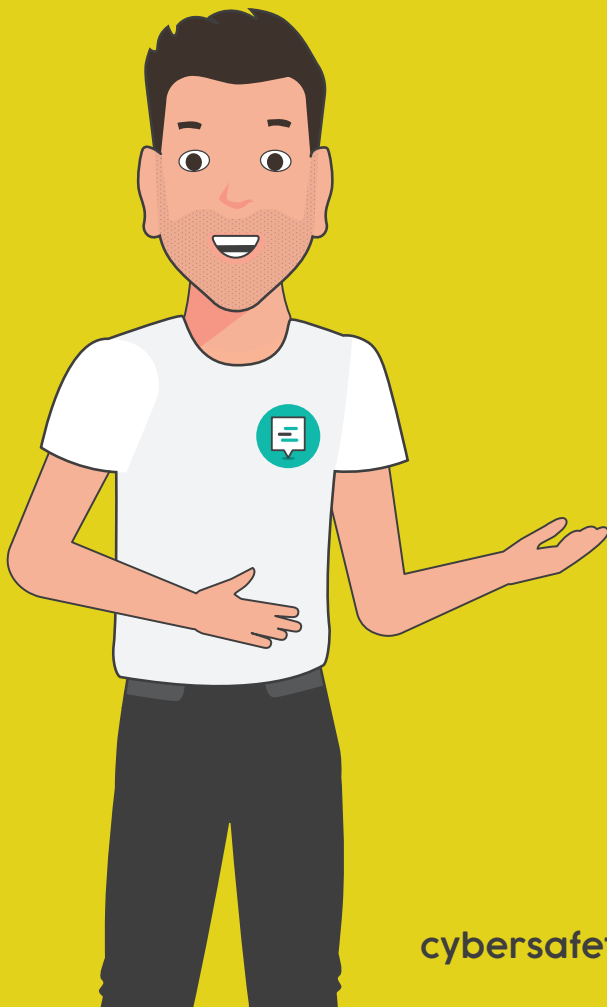


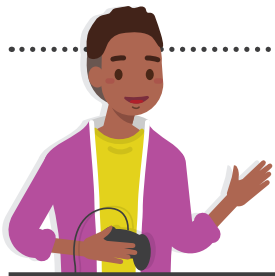
**CYBER
SAFETY
PROJECT**

Foundation Year 1 & Year 2

PRINTABLE FOLLOW UP TASKS



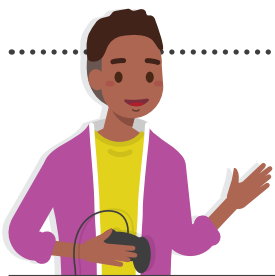
cybersafetyproject.com.au



Taking a Break

It's time for me to take a break from playing online. What could I do instead?

--	--	--



Taking a Break

It's time for me to take a break from playing online. What could I do instead?

--	--	--

Looking After Myself

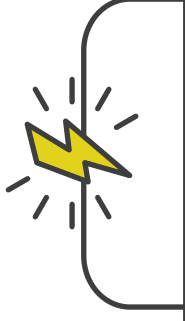
6 HEALTHY HABITS TO HELP ME CHARGE MY BATTERIES



CYBER SAFETY PROJECT

Looking After Myself

6 HEALTHY HABITS TO HELP ME CHARGE MY BATTERIES



CYBER SAFETY PROJECT



S.T.A.R.T

To find a healthy digital balance

Five empty hexagonal boxes with a teal outline and a vertical line inside, arranged horizontally. Each box has a subtle drop shadow.

CYBER SAFETY PROJECT

S.T.A.R.T

To find a healthy digital balance

Five empty hexagonal boxes with a teal outline and a vertical line inside, arranged horizontally. Each box has a subtle drop shadow.

CYBER SAFETY PROJECT



WHAT CAN I DO

To find a healthy digital balance?



S

SWITCH
—
OFF

T

TAKE
—
A BREAK

A

DO SOMETHING
—
ACTIVE

R

HAVE A
—
REST

T

TIME
—
TO GO AGAIN