## IS MY CHILD READY FOR SOCIAL MEDIA?

## 5 Questions to Ask Yourself First

CYBER SAFETY PROJECT

- Can my child recognise risky or inappropriate behaviour online?
  (Would they know what grooming, peer pressure or image-based abuse might look like?)
- Will they come to me, a trusted adult or resource if something feels wrong?

  (Do they know how to report or block and explain the role of eSafety.gov.au?)
- Does your child know what they see on social media can be misleading? (Can they explain how a post, message or image could affect their future?)
- Can they stay calm during online conflict or drama? (Do they react impulsively or think before they post, comment, or respond?)
- Do they understand what's private and what should never be shared? (Can they confidently say no to sharing personal information, photos or location?)

Cyber Safety Project recommends meeting the minimum age requirement for social media use.

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